

Cleaning and Maintenance Schedule PAP System

MASK or NASAL Application Device

Replace every 3-6 months (Replace cushions or pillows twice a month)

Wash weekly:

- Remove Mask or Nasal Application Device from tubing
- Gentle wash, then Rinse thoroughly in warm water
- Gently shake off any excess water, or Wipe with a soft cloth
- Let mask air dry

Hint: Wash your face prior to using the Mask or Nasal Application Device to remove excess facial oil and help prolong the life of your mask.

TUBING

Replace every 3 months

Wash weekly:

- Remove tubing from the machine
- Place into the sink with warm soapy water
- Place one end of the tube to the end of the tap and rise until water is clear
- Gently shake off any excess water and hand to air dry

FILTERS

Disposable filters-replace twice a month

Humidifier

Replace water chamber every 6 months

Refill/Top of the fill line with distilled water daily

Wash weekly in warm soapy water:

- Fill the humidifier with the solution and allow it to sit for 20-30 minutes
- Wash and Rinse thoroughly in warm water
- Let air dry

HEADGEAR/CHINSTRAP

Replace every 6 months

Follow package directions for cleaning

CPAP/BIPAP MACHINE

Wipe off CPAP or BIPAP machine with a damp cloth

Keep back of machine clear from dust